

***The Office of Adolescent Health Recognizes  
Teen Pregnancy Prevention Month:  
Evidence + Collaboration = Better Outcomes***

Tuesday, May 10, 2011 (10 AM–12 PM)  
HHS, Hubert H. Humphrey Building, Great Hall

*Summary of remarks by:*

Marilyn Keefe

Deputy Assistant Secretary for Population Affairs  
Office of Population Affairs

Ms. Keefe discussed the Title X family planning program, which provides individuals with the information and means to exercise personal choice in determining the number and spacing of their children, including access to a broad range of acceptable and effective family planning methods. From the inception of the Title X program, adolescents were recognized as a priority population. Specifically, Ms. Keefe highlighted the following from the Title X program:

- Title X-funded services. Services include education and counseling related to family planning, clinical procedures and lab tests as indicated for a contraceptive method, and provision of a contraceptive method from a broad range of acceptable and effective contraceptive methods, including natural family planning. Services also include comprehensive physical exams, screening and treatment for many STIs.
- Population served. Title X funds approximately 4,400 clinics across the nation to provide needed family planning services to about 5 million individuals; more than one in five are adolescents. In 2009, two-thirds of clients were uninsured, 28 percent were Hispanic or Latino, and 20 percent were African American.
- Cost of services. There is no charge for services to persons with family incomes at or below 100 percent of the federal poverty level. Charges are based on a sliding fee schedule to persons with family incomes between 101 and 250 percent of the federal poverty level. Eligibility for discounts for teens who wish to receive confidential care must be based on the income of the minor.
- Accomplishments. In 2009, services provided at Title X agencies contributed to a reduction in teen pregnancies by an estimated 233,000. Still, America's unintended pregnancy rate continues to hover around 50 percent and is dramatically higher for teens.
- Emerging contraceptive methods. There are updated medical guidelines regarding long-acting methods of contraception methods (such as the birth control implant, the progestin IUD, and the copper T IUD) that don't require regular maintenance; each has a very high efficacy rate (with failure rates less than 1 percent).
- Accessing services. Title X clinics offer preventive health services that improve young people's health and help them to plan and space pregnancies. Anyone in need of services can find a clinic locator feature at [www.hhs.gov/opa](http://www.hhs.gov/opa). The web site provides information about a text message program where individuals can type in their zip codes and get a list of nearby clinics.